



**OPEN  
WINDOW  
HARP  
RETREAT**

**RITA COSTANZI**

**16-23.08.26**

**GOSZYCE / CRACOW  
POLAND**



# OPEN WINDOW

## HARP RETREAT

OPEN WINDOW – The Harp Retreat is a unique, intimate harp workshop with Rita Costanzi, taking place in August 16–23, 2026, at Nowy Dwór in Goszyce, near Kraków.

It's more than just a masterclass – it's a sanctuary for harpists and harp enthusiasts seeking to breathe, listen deeply to music and themselves, and experience a profound, spiritual approach to the art of performance.

Far from the noise of the world, without phones or the pressures of everyday life, we come closer to the essence of music – the kind that shapes our identity as artists.

[WWW.HARPRETREAT.PL](http://WWW.HARPRETREAT.PL)



# RITA COSTANZI

Rita Costanzi is an internationally renowned harpist, teacher, and performing artist, known for her exceptional expressiveness and deep spiritual engagement with art. She has performed as a soloist with numerous prestigious orchestras, blending virtuosity with emotional authenticity. Her approach to music goes beyond technique—she treats the harp as a medium for spiritual expression and personal healing.

As a teacher and mentor, Rita leads workshops and masterclasses around the world, inspiring musicians to discover their own voice and deeper meaning in their artistry. Her extensive stage experience and unique philosophy of working with sound make her sessions a transformative encounter with both art and the self.

# OPEN WINDOW

Artist's guide to an inner breakthrough which then facilitates a greater freedom and strength in performance.

The master classes cover many aspects of spiritual philosophy that serve the students in their challenges with performance fear, anxiety, tension and life issues, plus the usual master class format including The Art of Interpretation, Historical Background on the pieces and techniques for concentration, memorization, relaxation and awareness.



*"In only twelve days , Rita Costanzi managed to shift and clarify my perception of myself, both as a musician and as a human being, and the world at large. With her seemingly unending knowledge of the harp repertoire and eye-opening anecdotes, Rita makes harpists into musicians."*

– Violetta Norrie



*"Thank you for sharing your magnificent heart and soul with my fellow students and me. Your formidable artistry and musical wisdom have been an invaluable inspiration. By letting us into your world, you encouraged us to strive for excellence and brought our ensemble to an entirely new level. You are an extraordinary teacher, and it is the ultimate privilege to share a stage with you."*

– Isabel Yu

Harp Retreat is a harp colony held at  
Nowy Dwór near Kraków.

16–23.08.2026

**INCLUDED:**

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- Individual lessons / masterclasses with Rita Costanzi and assistant Adrian Nowak
  - Group and accompanying activities
  - Open Window Sessions
  - Teachers' and participants' concerts
  - All meals and accommodation
  - We organise transport from Krakow to Goszyce (if required)

**Apply if:**

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- You are over 16 years old (we do not organise legal guardianship for minors)
  - You want to develop your attentiveness, your skills
  - You are open to retreat, spending time in peace and nature away from electronic devices

**PRICE: 2600 ZŁ (610 €)**

Applications are accepted via the website:

[www.harpretreat.pl](http://www.harpretreat.pl)

